Capital Letters and Punctuation

What should we capitalize?

Beginning of a Sentence Names of people, cities, countries "I" (When I went to school...) the eggs sat on the counter i wondered what they were going to be used for my mom walked in she began to get out the other ingredients we were making a cake it is my birthday cake my favorite chocolate cake i cracked the eggs in the bowl tap tap tap i filled the measuring cup with flour and poured it into the bowl with the sugar finally the chocolate was added we stirred it all together popped it into the oven voila a cake